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Wash
YOUR
HANDS!



Did you wash your hands?



Use soap & water.

Rub hands for 20 seconds.

Rinse.

Dry with paper towel.

Use towel to turn off faucet.

clean
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Your health is in your hands

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For more information, please call 617.624.6900 or 855.656.3850 (toll free), or go to www.mass.gov/handwashing